

OUR MISSION

For over twenty years, Hāna Health has been working on behalf of Hāna's vulnerable populations to establish access to primary health care services for our remote district. We remain committed to the cause of health care access for all and believe a strong primary care infrastructure, particularly for underserved and vulnerable populations, is essential for our community.





MEDICAL SERVICES

1,812
individual patients served

5,330
medical visits

700
urgent care
during clinic hours: **254**
after clinic hours: **446**

139
optometry visits

105
emergency transports
by ground ambulance: **13**
by air: **92**

DENTAL SERVICES

683
individual patients served

1,357
dental visits

HĀNA FRESH

51,000+
More than 51,000 pounds of fresh fruits and vegetables produced helping address the district's food sustainability



R E S U L T S B Y
T H E N U M B E R S





Annual Report

July 1, 2017 - June 30, 2018



Access to health care services, quality education, good paying jobs and economic opportunity, fresh nutritious food and affordable, safe housing are all fundamental to creating a healthy, sustainable community and to achieving healthy lives.

Creating a Healthy Community

We know that taking care of ourselves by eating well and staying active, not smoking, getting the recommended immunizations and screening tests, and seeing a doctor when we are sick all influence our health.



But our health is also determined in part by the conditions in which we live, work and play - the social determinants of health. These determinants affect a wide range of health and quality of life outcomes. Healthy People 2020, an initiative of the Office of Disease Prevention and Promotion, highlights the importance of addressing the social determinants of health.

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From our inception, Hāna Health has worked to provide services and create programs designed to address the social determinants of health; from access to the full range of primary health care services and 24-hour urgent care, to food sustainability, to workforce development and job creation.

The socio-economic indicators of risk for chronic disease are particularly acute in Hāna where the overall mortality rate is the second highest in the state and the death rate due to heart disease is the highest in the state.

Creating a healthier community is Hāna Health's highest priority. There is a particular emphasis on addressing diabetes and heart disease, since our community members are more likely to die at earlier ages from these conditions than others in the state.

In the past year, thanks in large part to HMSA's community grant program, and Honu'apo, a Native Hawaiian Organization, Hāna Health has expanded and enhanced our Healthy Lifestyle initiatives to address some of the social determinants impacting health and reach more broadly into the community.

- **Our chronic disease management program** has been expanded to include more peer support and family participation. A team approach led by Sassie Keaulana, Healthy Lifestyles Project Director integrates case management, medical care, organized walking, prepared meals, stress management, and peer support. The goal of the program is to help participants in their effort to make positive lifestyle changes over time and ultimately manage, and sometimes reverse, their chronic health condition. Family member involvement is important to the success of the participant, so the o'hana is encouraged to participate in the walking program and weekly group meal.
- **Rx for Good Health** is a "prescription" for fresh produce and prepared salads redeemable at the Hāna Fresh farm stand upon completion of wellness exams and screenings. Other positive actions also earn an Rx for Good health such as dental checkups, routine labs, immunizations.
- **The Mai'e Ai program** brings families together over a delicious meal prepared by the nutrition center staff, some of whom are also program participants. Many traditional ingredients like fish, taro, sweet potato and ulu are incorporated into the weekly meal. Guest speakers discuss the elements of living healthy and cover such topics as the role of fitness in maintaining good



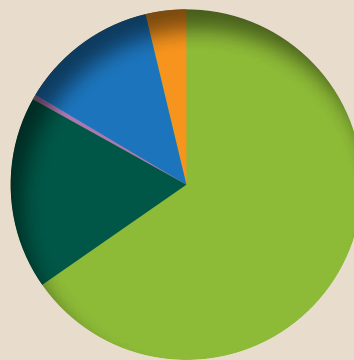


health and how-to grocery shop on a budget and still prepare healthy meals. Pono Shim, CEO of the Oahu Economic Development Board and gifted storyteller, spoke on several occasions to the cultural aspects of wellness and the role of mindfulness in achieving the indigenous wisdom of *Aloha*. Meal boxes and recipes are provided to participants, encouraging the preparation of healthy dinners at home with all family members sitting down to eat and talk together.

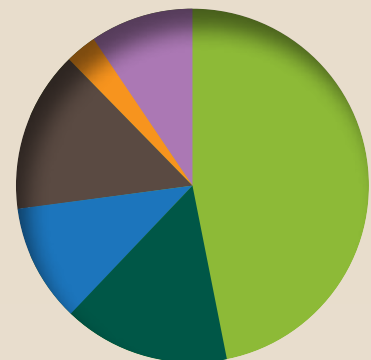
- **Over the years**, researchers have found evidence that eating behaviors and meal habits in early childhood have an impact on children's food preferences and eating patterns in adulthood and ultimately on their health. Recognizing that good nutrition habits start early, Hāna Fresh is partnering with Hāna High and Elementary School to provide a fresh salad bar twice weekly to elementary school students. In addition, Hāna Fresh, is working in partnership with the Hāna Youth Center to make healthy snack options available to youth participants through the concession. The goal is to improve youth decision-making when selecting snacks, and eventually replace all unhealthy snacks with healthy options.

Statement of Revenues and Expenses

REVENUES



EXPENSES



Revenues

■	Contracts and Grants - Operating	\$3,016,909
■	Third Party Payments	814,358
■	Patient Payments	12,806
■	Hāna Fresh	595,300
■	Contributions & Other Sources	172,874
	Total Revenue	\$4,612,247

Expenses

■	Personnel	\$2,194,429
■	Professional Services	641,009
■	Facilities/Equipment	475,392
■	Supplies/Pharmacy	661,182
■	Insurance	126,057
■	Other/Depreciation	422,320
	Total Expense	\$4,520,389

NET INCOME

\$91,858



Hāna Health

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OUR MISSION IS YOUR HEALTH

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