

Annual Report July 1, 2014 - June 30, 2015

HIGHLIGHTS OF THE YEAR

New Infrastructure

Two major infrastructure improvements — the installation of a new waste water system as required by the Environmental Protection Agency, and the renovation of the Health Center were both completed this year. Operations were impacted for several months during construction, including the temporary closure of the Hāna Fresh Farm Stand and Nutrition Center. Both were able to reopen in October 2014. Plans for continued infrastructure development to meet current and emerging patient needs are in the works.

New EHR

A new Electronic Health Record, athenaClinicals®, was initiated in January of this year. Designed to improve overall health care systems and support quality assurance efforts, it is expected that the implementation of athenaClinicals will result in better patient outcomes.

The Walk It to Win It Challenge

Implemented as a joint project of Hāna Health, Hāna Fresh and Hāna Elementary School the Walk It to Win it Challenge is aimed at helping third, fourth and fifth grade students learn about and adopt healthy lifestyles including proper nutrition and regular exercise. Participating students walk, skip or run around the school ballpark for 30 to 45 minutes several mornings a week. They are provided bottled water, fresh fruit and other healthy snacks before starting the school day.

This year there were forty-four children involved in the program who walked a total of 14,826 miles, or 29,652,188 steps.

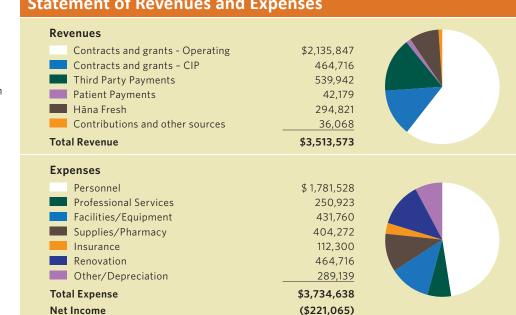
Healthy Lifestyles Project

Hāna Health and Hāna Fresh joined forces this year to support positive lifestyle choices for patients trying to manage their chronic health conditions. This 90-day program includes Hāna Fresh meals and a daily group fitness program designed for those not used to regular exercise. Staff and participants are excited about the program which started this past May. Preliminary results are promising and we look forward to reporting on our successes in next year's annual report.

Rx For Good Health

New this year, Rx For Good Health is a program designed to help Hāna Health patients benefit from a diet rich in farm fresh produce. "Prescriptions" are redeemable for organic vegetables and fruits at the Hāna Fresh Farm Stand and are provided at each





visit to the health center. The "prescription" also recommends 8 hours of sleep a night and 20 minutes of walking daily as keys to improving health status and reducing the risk of chronic disease.

Healthy 'Ohana Discount Card

In addition, to the Rx program, patients completing their annual physical examination at the health center receive the Hana Fresh Healthy 'Ohana Discount card. The card provides a 20% discount on purchases from the Hāna Fresh Farm Stand for a one-year period and can be renewed at the next annual exam.

EBT Discount Program

Thanks to a special grant provided by The Local Initiatives Fund of RSF Social Finance, produce purchased with an EBT card from the Hāna Fresh Farm Stand is discounted by 50%. This extra assistance is to help Hāna families most in need stretch their shopping dollars and enjoy a nutritious diet rich in fresh, organic fruits and veggies.

New Moms Program

Hāna Health is collaborating with the Healthy Mothers Healthy Babies Coalition of Hawaii to support expectant mothers in the Hana community. The program provides education on safe sleeping, breastfeeding, and available resources for new and expecting mothers and their families. Families are encouraged to attend the sessions and learn about newborn and well-child services offered at Hāna Health. Upon completion of the program, the new moms receive a portable crib.

Stop Smoking Hāna

A renewed emphasis on smoking cessation is taking place at Hāna Health. Recent research conducted for Hāna Health documents that a quarter of Hāna district's population still smokes cigarettes, higher than the statewide average of 17%. For Native Hawaiians in the district, one in three are tobacco smokers. Given the serious health consequences of tobacco use, Hāna Health has initiated the Stop Smoking Hāna program for community members who want to quit smoking or are getting ready to quit. Open to the public at no cost, the program includes group sessions and individual counseling based on personal needs. Medication and other resource materials are available to support the effort.

PROGRAM RESULTS

Medical Services

- 1,666 individual patients served
- 5.274 medical visits of which 708 were for labs and 324 were after hours urgent care visits
- 65 optometry visits

Dental Services

- 430 patients served
- 1,210 dental visits

Hāna Fresh

· Almost 62,000 pounds of fresh fruits and vegetables produced helping address the districts food sustainability