

Keeping Hāna Safe,

THE FIGHT AGAINST COVID-19



Hāna Health's primary goal since the pandemic began has been to keep the Hāna community safe from COVID-19 and to prevent community spread when a positive case is identified. Providing accurate, credible information about how to keep our families and community safe has been Hāna Health's mission and has helped to prevent and manage outbreaks.



MEDICAL SERVICES

1,532

Individual patients served

4,289

Medical encounters – of which **378** were urgent visits during regular clinic hours and **252** were urgent visits after regular clinic hours

97

Optometry encounters

30

Emergency transports by ground and air ambulance

332

Flu Immunizations

DENTAL SERVICES

610

Individual patients served

1,373

Dental encounters

BEHAVIORAL HEALTH

68

Individual patients served

503

Behavioral health visits

HĀNA FRESH

586

Kokua Grocery Bags
25 Low-income families served

915

Pounds of fresh fruit for Hāna Youth Center's healthy snacks
10 Youth served

2,380

Salads for Hāna Elementary School
65 Students served

1,061

Mai E' Ai grocery bags
63 Participants

1,666

Farm stand low-cost produce bags distributed to Hāna residents

Working in partnership with the Hawaii Primary Care Association, Bureau of Primary Health Care, State Department of Health, Maui County District Health Office and Hāna community groups, particularly East Maui Ready, assures that the Hāna District has what it needs to stay safe.

Diagnostic testing for COVID-19 is key to preventing community spread. People who test positive and have symptoms can get care earlier. Even without symptoms, contacts are traced and self-isolation or quarantine helped keep others in the community safe from the virus. Hāna Health performed 474 Point of Care (Rapid) Tests and 680 PCR tests over the past year.

Distribution of face masks, hand sanitizer and other personal protective equipment has been on-going along with reminders to socially distance, wash hands frequently and avoid touching one's nose and mouth.

Most importantly, Hāna Health initiated a community-wide COVID-19 Vaccine campaign to immunize and protect as many Hāna District residents as possible. To date, Hāna Health has administered 1,908 shots to 985 individuals of whom 923 are currently fully vaccinated. With the support of the Hawaii Community Foundation, the Hāna District has achieved the highest vaccination rate in the state, an accomplishment for which we can all be proud. This effort will continue until every eligible member of our community understands the safety and effectiveness of the vaccine and gets the shot!

Maintaining Health during the Pandemic

To say that Corona virus changed our world and the way we live would be an understatement. The pandemic has changed how we work, learn and interact with others. No one has been left untouched by the dramatic changes that have taken place since the start of the pandemic. Covid has also changed the way in which we approach health care and our own health.

staying healthy to avoid more serious health issues later. The good news is that people in general are paying more attention to certain risk factors for other health issues like chronic diseases, weight, and physical fitness.

Now is the time to contact Hāna Health to schedule your routine wellness exams, get appropriate health screenings based on age and risk factors, and learn more about living a healthy lifestyle.

Recent findings from several national studies suggest:

- The pandemic has triggered a wave of mental health issues including addiction, "pandemic" drinking, depression, social isolation, suicidal thoughts and just the general stress resulting from COVID-19 and the ever-changing flow of pandemic information. Younger people have been particularly impacted, especially those in the 18-34-year-old age range.

Confidential behavioral health services are available at Hāna Health to help community members cope with these and other mental health concerns.

- Children are missing their routine immunizations placing them at high risk for measles and pertussis (whooping cough). It is important to keep children's vaccinations up-to- date and remember the American Academy of Pediatrics recommends COVID-19 vaccination for all children and adolescents 12 years of age and older unless the child is not able to take the vaccine for health reasons. The COVID-19 vaccine can be administered at the same time (or before or after) as other routine vaccinations.

Children's wellness exams and vaccinations can be scheduled with your Hāna Health providers.

- There has been a serious decline in keeping up with preventive health care especially among women. It is important to focus on

- The use of telehealth has grown significantly since the start of the pandemic in order to maintain social distancing. Hāna Health patients can schedule a visit with their

provider with easy-to-use telehealth platforms for most behavioral health care needs as well as some primary care services. This includes telephone visits, providing a lifeline for those who do not have access to or are unable to use other technology options.

Hāna Health is also able to monitor patients with chronic health conditions (blood pressure, diabetes, weight management) remotely, using special, easy to use devices. Currently 49 patients are participating in this program.

Face-to-face visits between health care professionals and patients will always be necessary, but virtual visits have become a valuable part of a comprehensive healthcare plan. Hāna Health's telehealth programs have been made possible with the support of the Freeman Foundation.

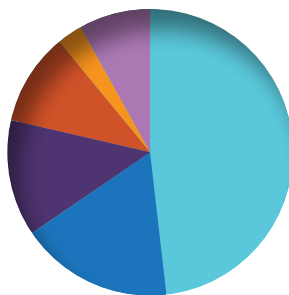
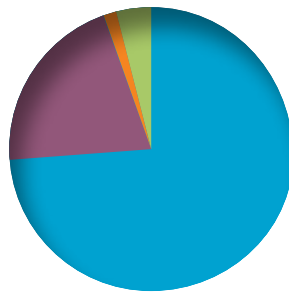
Schedule your "virtual" visit today. Staff is available to help you with this exciting technology.



Restoring Community Health Through Food Security

Hāna Health is expanding its Hāna Fresh farm operation to include the cultivation of traditional food crops – kalo, sweet potato, ulu and others – for distribution to Hāna Health's diabetic and hypertensive patients and those patients who are high risk overweight (Mai E Ai project). Food insecurity is associated with poor physical health, diabetes, and hypertension. Nearly half of Hawai'i residents with diabetes are food insecure and 42% of those with heart disease or a history of stroke are food insecure. These conditions increase the risk of hospitalization and death if infected with the COVID-19 virus. The pandemic has further impacted food security as job losses negatively impact household income while the cost of most food is increasing. It is expected that improving access and transitioning back to a more traditional diet will help to restore good health to the Native Hawaiian community. With the support of the Administration for Native Americans and Honu'apo, a Native Hawaiian Organization and long-time partner in Hāna Health's wellness programs, this project is progressing.

Statement of Revenues and Expenses



Revenues

Contracts and grants - Operating	\$4,178,159
Third Party/Patient Payments	1,177,133
Hāna Fresh	82,724
Contributions and other sources	222,063
Total Revenue	\$5,660,079

Expenses

Personnel	\$2,310,776
Professional Services	828,736
Facilities/Equipment	639,136
Supplies/Pharmacy	498,124
Insurance	140,569
Other/Depreciation	385,314
Expense	\$4,802,655
Funding Source Program Restrictions	\$650,000
Total Expense	\$5,452,655

NET INCOME

\$207,424



Hāna Health

4590 Hāna Highway
P.O. Box 807
Hāna, Maui 96713

Clinic Phone: 808.248.8294
Administration Phone: 808.248.7515

www.hanahealth.org



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